

SANE

(sexual assault nurse examiner)

PROGRAM

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Decatur Memorial Hospital Emergency Room Sexual Assault Program



Providing Medical and Forensic
Evaluation through Compassionate
Personal and Private Care
to Survivors of Assault

Caring for Survivors from Start to Finish

Standing Strong to Support Survivors
and their Families

Sexual Assault/Abuse

Intentional touching, fondling, penetration, picture taking/showing and/or exhibition without permission from the survivor.

Sexual conduct the survivor is not able to consent to or to understand.

Force/Weapons may not be used.

No one has the right to violate your body.

“What do I do if I think I may have been abused/assaulted?”

Tell Someone

Get out of danger and report the incident immediately. You may go to the:

- Police
- Friend
- Growing Strong
- Nearest Emergency Room
- Dial 911

Seek Treatment

Decatur Memorial Hospital has the county's only Sexual Assault Nurse Examiner Program.

We offer compassionate, private, forensic and medical evaluation. A SANE is available 24/7 to take care of you.

“What is SANE?”

A SANE is a registered nurse that has been trained to take care of your medical and forensic needs. The SANE will collect evidence from you that the police can use to find your attacker. The SANE will be with you from start to finish.

“What happens during the exam?”

“Will it hurt?”

The SANE will listen to your story. She/he will examine your injuries. For females, vaginal speculum exam is offered. For men, penile swabs are offered. Collection of DNA from your mouth, fingers, hair and genitals will be done. The exams are uncomfortable due to the situation, but if

something is going to hurt, we will tell you and you will have the option if you want to continue with the exam. If at any time we offer you services that you choose not to have, we will honor that request. We will not be upset if you decline.

This care is YOURS. We are here for YOU.

Your Rights

An advocate from Growing Strong is available to sit with you and answer any questions you may have.

You have to right to:

- Talk to the police or not
- Privacy
- Not be billed
- Evidence collection
- Be treated with compassion and dignity
- STD and pregnancy prevention
- HIV testing
- Follow-up care

Infection: If you feel that any abrasion you have sustained may be infected, seek medical attention.

Venereal Diseases:

Gonorrhea:

Intercourse does not have to be completed for infection to occur. Gonorrhea sometimes has no symptoms.

Women: Infection may cause watery, yellowish-green pus-like vaginal discharge. As infection progresses, vaginal discharge may increase.

Men: May have thick-milky discharge from the penis.

Oral: Infection may cause swollen glands, sore throat, or fever beginning 2-3 weeks after contact.

Syphilis

Symptoms usually begin 10-45 days after infection. Primary stage consists of a chancre sore where bacteria first invaded. May be painless and may look like a pimple or blister. Secondary stage (1-6 mo. after sore) may develop a rash over hands, feet, or entire body.

Herpes Genitalis

Contracted during vaginal, oral, or anal intercourse. Spread from mouth to genital and/or eyes via fingers. **Symptoms:** Tingling/burning sensation of the skin at genitals, leg or buttocks. Men may have a watery discharge from the penis and pain in the testicles. Sores look like blisters and may be on cervix and undetected. Fever and flu-like symptoms may be present. Outbreaks may last from 1 week to 1 month.

Trichomoniasis

Typically contracted through intercourse, but can be transmitted through moist objects.

Women: Thin, foamy vaginal discharge that is greenish-yellow in color and has a foul odor.

Men: Thin, greyish discharge in the urine. Urinary infections are present in both men and women.

Chlamydia Trachomatous

Transmitted through vaginal or oral intercourse. Infection can be passed by a hand that has been moistened with infectious secretions of the eye. Symptoms are urethral infection with burning upon urination. Infertility can occur.

Men: Infection may occur 1-3 weeks after exposure. Proctitis (inflammation of the rectum) can also occur.

Women: Thin vaginal discharge and or lower abdominal pain may occur 10-20 days after exposure.

Blood-Borne Diseases

Hepatitis B and HIV

May be transferred through body fluids. Any symptoms of concern should be followed up.

Hepatitis C

Typically transferred blood to blood, but is found to be in blood products and can be transferred during forcible sexual activities.

Pregnancy

A test will be performed on initial exam. A repeat test is needed in 6 weeks to rule out pregnancy.

Treatment

It is necessary to follow up with your family doctor or CHIC for re-evaluation in 6 weeks post assault. This visit is minimal and will not require you to relive your attack.

Questions

Call **SANE** (DMH ER) at 217-876-3000

Or

For 6-week appointment call

CHIC (ask for **SAFE** program nurse)
2905 N Main Street, Decatur IL
217-877-9117 x 135