

# Decatur Memorial Hospital

## Pre-Surgery Instructions

Your surgeon has determined the type of procedure you will have, the order it is performed and arrival time. We will keep you informed of any changes or delays, as it is sometimes necessary for your surgeon to modify the order of his/her surgical procedures. Occasionally, a patient's procedure takes longer than expected or an emergency occurs that may delay your surgical time. **IT IS BEST TO PLAN ON STAYING MOST OF THE DAY AT THE HOSPITAL.**

### **SURGERY INSTRUCTIONS:**

You have been scheduled for: \_\_\_\_\_  
(Procedure)

To be performed on \_\_\_\_\_ at \_\_\_\_\_  
(Date) (Time)

Please register in Kirkland Lobby at the Same Day Surgery desk by \_\_\_\_\_  
a.m. / p.m.

Call for a Pre-Admission Clinic appointment (876-5777).

### **SPECIAL INSTRUCTIONS:**

- Do not EAT, SMOKE, or CHEW anything after midnight the night before surgery (unless otherwise instructed). No alcohol consumption after 12 noon on the day prior to surgery. You may have clear liquids until 2-3 hours before surgery.
- Bring a list of all current medications and allergies with you to the hospital.
- Notify the office if you are taking any of the following:
  - Blood Thinners (aspirin, coumadin, warfarin, plavix, etc).
  - Heart or Blood Pressure medications
  - Insulin/Glucofage(Metformin)
  - Seizure medications
  - Daily medications
- Take your morning dose of medications, as ordered by your surgeon, with a sip of water.
- Do not shave your surgical area prior to arrival to reduce risk of infection.
- Remove all body piercings and jewelry prior to arrival at the hospital.
- You will need to make arrangements for your ride home.  
(You will **not** be allowed to drive for **24 hours** after your procedure).
- Please notify your physician as soon as possible** if you develop any skin rash, inflammation, sunburn, cuts, bug bites, colds, fever, recent chest pain or urinary tract infections.
- Remove artificial nails, nail polish and rings from operative extremity.
- Do not wear make-up or contact lenses to the hospital.

**One friend or family member will be allowed at the bedside. Others should wait in the Surgery Family Waiting room. It is recommended that children be discharged with two adults.**